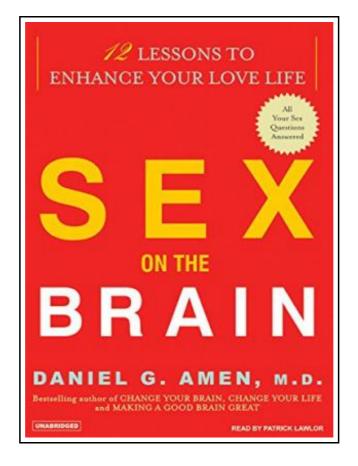
# Sex on the Brain: 12 Lessons to Enhance Your Love Life



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## Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

(Cheyanne Barrows)

#### SEX ON THE BRAIN: 12 LESSONS TO ENHANCE YOUR LOVE LIFE



Tantor Media, Inc, United States, 2007. CD-Audio. Book Condition: New. Unabridged. 165 x 140 mm. Language: English . Brand New. The vast majority of love and sex occurs in the brain. Your brain decides who is attractive to you, how to get a date, how well you do on the date, what to do with the feelings that develop, how long those feelings last, when to commit, and how well you do as a partner and a parent. Your brain helps you be enthusiastic in the bedroom or drains you of desire and passion. Your brain helps you process and learn from a breakup or makes you vulnerable to depression or obsession. While plastic surgeons, diet gurus, and the pharmaceutical industry may have convinced you that they hold the secret to a fulfilling sex life, the truth is that you already have the only thing you really need: a brain. As the largest and most sensitive sexual organ in the body, a healthy human brain enhances your sex life and heightens sensation. A troubled brain, however, makes emotional and physical connection with others difficult. So forget the implants, the fad diets, and the pills. Learning about this intriguing and sexy organ is the key to your sexual satisfaction. Based on Dr. Daniel Amen s latest research in practical neuroscience, Sex on the Brain shares twelve lessons that help you enhance your love and sex lives through understanding and improving brain function. Filled with practical suggestions and information on how sex can save your life, Sex on the Brain reveals: -How sex helps prevent heart disease, improve memory, stave off cancer, and boost your immune system-How the differences between men s and women s brains affect our perceptions and interest in sex-and how you can understand these differences to make the most...



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