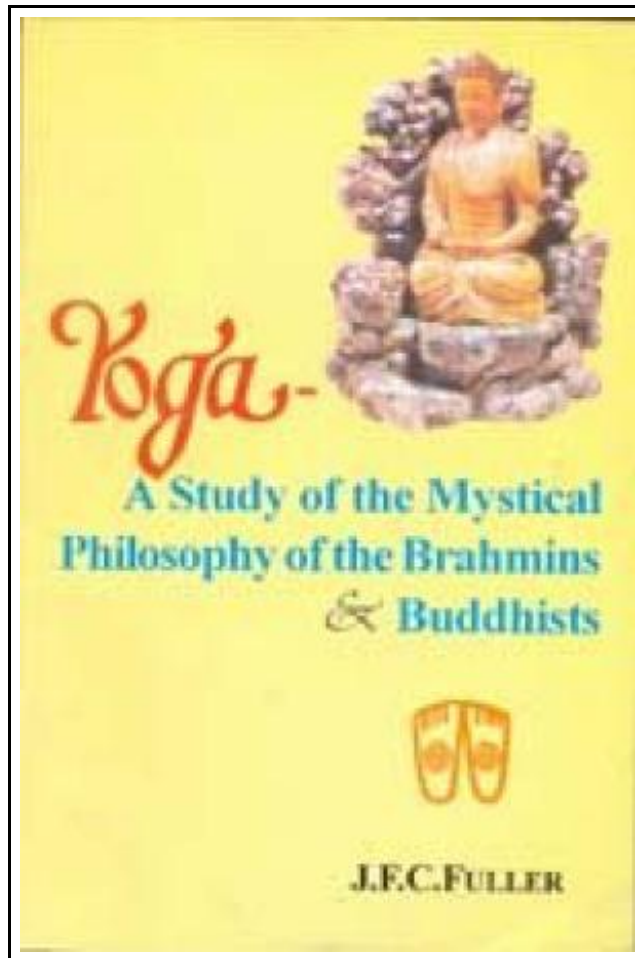


## Yoga: A Study of the Mystical Philosophy of the Brahmins and Buddhists



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Sri Satguru Publications, 1988. Softcover. Book Condition: New. Much has been written about Yoga ever since the Theosophists "discovered" Spiritual India, and not a Little of a very uninformed Nature which, in place of elucidating a Complex mental science, has either perplexed the Student or rendered the whole subject ridiculous. In this book it is my intention to abide by facts and simultaneously introduce sufficient Cross references to other mystical systems, such as Western Magic and the Qabalah, to show that Yoga is one of a series of Means of deliverance from worldly illusions. All these systems are closely related; for, in one sense, they and many others, such as Christian Mysticism, Quietism, Buddhism, Taoism and Sufiism, are spiritual languages the words of which differ in Sound but the meanings of which are identical. To accomplish this aim in full would require a series of volumes, consequently to Profit by the information contained in this book, which is but a short essay on an immense subject, it will be of advantage to the reader if he possesses some Elementary Knowledge of Mysticism generally and, if he be lacking in this knowledge, then he must remember that all systems are but roads to one goal. Some are long and others short; some bad and others good, and, according to the mentality and Education of the student, some are suited and others unsuited to his endeavours. Briefly, the problem is as follows : We live in a World of appearances in which all Things are thoughts, and thought ends at a blank wall called the Unknowable. Herbert Spencer grasped this very clearly in his "First Principles" when he wrote : We not only Learn by the frustration of all our efforts, that the reality underlying appearances is totally and forever inconceivable by...

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