



Smile Inside: Experiential Activities for Self-Awareness Ages 14-15 (Paperback)

By Vanessa Lee

Prevention Publications, United States, 2013. Paperback. Book Condition: New. 2nd. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. During adolescence, young people thrive when given opportunities for self-analysis and personal improvement while building genuine connections with their peers. This resource offers an essential collection of sixty-five effective and fun activities designed to be a powerful prevention program to counteract bullying, self-destructive behaviors, social isolation, and apathy. In addition, modules and activities can be used individually to meet any group s needs. This inspiring handbook provides step-by-step instructions for teachers, youth workers, and counselors who work with teenagers in schools, youth groups, camps, and therapy-based support settings. The activities are organized into the following modules: Icebreakers, Focus Listening, Empathy Respect, Self-Talk, Self-Exploration, Emotions Coping, Problem Solving Decision Making, Goal Setting, Group Dynamics, Esprit de Corps through Service Learning, and Culmination.



Reviews

It is fantastic and great. It is really simplified but unexpected situations from the 50 % in the ebook. I discovered this ebook from my dad and i suggested this book to learn.

-- Dr. Luna Skiles

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